



Student Activities

Title **Playing with Friends**

Theme **Sport and Recreation in the Community**

Introduction

What do you do when you feel you have nothing to do at home?

Have you ever thought of creating your own unique tournament, game or activity around your home or local area, using simple sporting equipment (balls, bats, skipping ropes or elastics) or no equipment (a dance routine)?

Learning tasks

1. Using one or two pieces of equipment from the class collection, devise three ways of playing a game, tournament or activity for out of school hours. Design the game so that it can be played with a family member or friend. Make sure that you plan to play this game somewhere close, accessible and safe.
2. Choose a partner and practise playing a couple of your creative games or activities.
3. Remember to ask permission from a parent or carer if you want to go to the park or play out the front of your home or go to a friend's house.

Set yourself a goal to play these types of games or activities at least three times over the next month.

You may find a friend who lives within walking distance to your house and together start a friendly competition or tournament that can be continued over time.

